Considerations for Office Eustachian Tube Dilation

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Disclosure:

Yes, within the last 12 months, I had no financial arrangement but have been consulting with Acclarent.
Coding and Billing

• No difference in coding for the dilation
• 69799
• Helpful if you have another procedure you will do such as an ear tube
• Add nasal endoscopy code 31231
• wRVU varies
Indications

1. Length of time of dilation
   A. Chronic – 2 x 2 min per Eustachian tube
   B. Barochallenged – 1 x 2 min per Eustachian tube

2. Anatomy
   A. Septal deviation
   B. Turbinate hypertrophy
   C. Adenoid hypertrophy

3. Patient characteristics
   A. Level of anxiety
   B. Pain tolerance
Anesthetic

1. Antianxiety medications
   A. Valium 5 mg PO
   B. Ativan 1 mg PO

2. Local anesthetic
   1. 4% Lidocaine with 0.1% Phenylephrine on a pledget
   2. 1% Lidocaine with 1:100,000 Epinephrine injection
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Set Up
Thank you
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